

## 'Pick of the Crop' Price List

11-Dec-11		PRICE	Quantity Required	COMMENTS eg subs
<b>FRESH PRODUCE</b>				
<b>FRUIT</b>				
APPLE Cookers "Norfolk Beefing"	UK	£2.85 /kg		
APPLE Cox	UK	£2.85 /kg		
APPLE Ribston Pippin	UK	£2.85 /kg		
APPLE Red Pippin	UK	£2.00 /kg		
APPLE Russet	UK	£2.30 /kg		
APPLE Topaz	UK	£2.45 /kg		
AVOCADO	SAF	£5.65 /kg		
BANANA Fairtrade	DOM	£2.35 /kg		
CLEMENTINE	SPA	£2.45 /kg		
DATES - fresh	TUN	£7.10 /kg		
GRAPEFRUIT Ruby	SPA	£3.00 /kg		
GRAPE Red	SPA	£7.95 /kg		
KIWI	CHI	£3.00 /kg		
LEMON	SPA	£2.45 /kg		
LIME	MEX	£4.20 /kg		
MANGO 10#	CAM	£4.40 /kg		
ORANGE	SPA	£1.90 /kg		
PEAR Conference	UK	£2.75 /kg		
PEAR Comice	UK	£2.50 /kg		
PINEAPPLE -Appx 9 fruit	TOG	£2.40 /kg		
<b>HERBS</b>				
PARSLEY 25g	ours	£1.15 /#		
SAGE 25g	local	£1.25 /#		
HERBS MIXED 25g each bag mixed her	ours	£1.15 /#		
THYME 25g	local	£1.25 /#		
<b>NUTS</b>				
CHESTNUT	POR	£8.20 /kg		
COCONUT	DOM	£1.80 /kg		
WALNUT	FRA	£8.95 /kg		

<b>11-Dec-11</b>		<b>PRICE</b>	<b>Quantity Required</b>	<b>COMMENTS eg subs</b>
<b>VEGETABLES</b>				
ARTICHOKE Jerusalem	local	£2.55 /kg		
AUBERGINE	SPA	£2.55 /kg		
BEETROOT	local	£1.05 /kg		
BROCCOLI/Calabrese	SPA	£3.20 /kg		
BRUSSEL SPROUT	UK	£2.30 /kg		
CABBAGE Spring Greens	UK	£0.85 /#		
CABBAGE Jan King	local	£0.70 /#		
CABBAGE Red	UK	£1.15 /kg		
CABBAGE Savoy	local	£0.70 /#		
CABBAGE Hard White	UK	£1.15 /kg		
CARROT dirty	local	£1.30 /kg		
CELERIAC	local	£1.55 /kg		
CELERY	SPA	£1.60 /#		
COURGETTE	SPA	£3.10 /kg		
CUCUMBER	SPA	£1.05 /#		
FENNEL	SPA	£3.35 /kg		
GARLIC dried	SPA	£9.50 /kg		
GINGER	UGA	£6.35 /kg		
KALE Black 330g Cavenero	local	£1.15 /#		
KALE Red	local	£2.55 /kg		
KALE Green 400g	UK	£1.05 /#		
KOHL RABI	SPA	£1.20 /#		
LEEK	UK	£2.10 /kg		
LETTUCE Green Batavia	FRA	£1.85 /#		
LETTUCE Red Batavia	FRA	£1.85 /#		
MUSHROOM white button	UK	£6.95 /kg		
MUSHROOM brown closed	UK	£6.85 /kg		
MUSHROOM white closed	UK	£6.35 /kg		
ONION Yellow	UK	£1.15 /kg		
ONION Red	local	£1.90 /kg		
PARSNIP	UK	£1.65 /kg		
PEPPER Green	SPA	£4.45 /kg		
PEPPER Red	SPA	£4.05 /kg		
POTATO bakers "Valor"	UK	£0.65 /kg		
POTATO Cara	local	£0.60 /kg		
POTATO Desiree red	local	£0.80 /kg		
POTATO Lady Balfour	local	£0.60 /kg		

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POTATO Marfona	local	£0.65 /kg		
POTATO Milva	local	£0.60 /kg		
POTATO Valor	UK	£0.55 /kg		
PUMPKIN Hokkaido	HOL	£2.80 /kg		
SHALLOT	FRA	£5.90 /kg		
SQUASH Butternut	SPA	£2.25 /kg		
SWEDE	local	£1.50 /kg		
SWEET POTATO	SPA	£3.40 /kg		
TOMATO Cherry (punnets)	FRA	£1.05 /#		
TOMATO	var	£2.65 /kg		
TOMATO on the Vine	var	£2.20 /kg		
TURNIP - Purple	local	£2.15 /kg		
WATERCRESS not Fri	UK	£1.85 /#		
<b>MIXED BOXES</b>				
<b>FRUIT BOXES</b>				
Small Fruit Box	var	£3.00 /#		
Medium Fruit Box	var	£6.00 /#		
Large Fruit Box	var	£9.00 /#		
Extra-large Fruit Box	var	£12.00 /#		
XX Large Fruit Box	var	£15.00 /#		
Huge Fruit Box	var	£18.00 /#		
<b>VEGEBOXES</b>				
Small VegeBox	UK	£3.00 /#		
Medium VegeBox	EU	£5.00 /#		
Large VegeBox	EU	£10.00 /#		
Extra-Large VegeBox	EU	£15.00 /#		
Huge VegeBox	EU	£20.00 /#		
<b>CHILLED</b>				
<b>BUTTER &amp; MILK</b>				
BUTTER Yeo Valley 250g	local	£1.85 /#		
BUTTER Rachel's Dairy Unsalted 250g	UK	£2.00 /#		
BUTTER Acorn Dairy 250g	local	£1.85 /#		
MILK whole 2L	local	£1.80 /#		
MILK whole 1L	local	£1.00 /#		
MILK whole 0.5L	local	£0.55 /#		
MILK skimmed 1L	local	£1.00 /#		
MILK skimmed 0.5L	local	£0.55 /#		
MILK semi-skimmed 2L	local	£1.80 /#		
MILK semi-skimmed 1L	local	£1.00 /#		

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MILK semi-skimmed 0.5L	local	£0.55 /#		
MILK Semi-skimmed 0.25L	local	£0.35 /#		
<b>CHEESE</b>				
Acorn Dairy Brie 230g	local	£5.60 /#		
Cheshire 245g	UK	£2.16 /#		
Double Gloucester 245g	UK	£2.70 /#		
Cheddar Mature: grated 180g	UK	£1.69 /#		
Cheddar Mature 245g	UK	£2.85 /#		
Cheddar Medium 245g	UK	£2.70 /#		
Cheddar Mild 245g	UK	£2.55 /#		
Red Leicester 245g	UK	£2.70 /#		
Stilton 150g portion	UK	£2.45 /#		
Cheddar Vintage 245g	UK	£3.00 /#		
Cheddar Vintage waxed truckle 400g	UK	£6.00 /#		
Wensleydale 245g	UK	£2.70 /#		
Cheddar Mature 2.5kg block £/kg BB10/	UK	£10.70 /#		
Feta - Greek Attis 200g bb26/4/12!	GR	£3.25 /#		
Red Leicester 2.5kg block £/kg	UK	£10.20 /#		
<b>CREAM, YOGURT &amp; DESSERTS</b>				
YOGURT RD Rasp low-fat 450g	UK	£1.60 /#		
YOGURT RD Nat low-fat 450g	UK	£1.30 /#		
YOGURT RD Cherry low-fat 450g	UK	£1.60 /#		
YOGURT RD Natural Whole 450g	UK	£1.60 /#		
YOGURT Rachel's Greek Plain 450g	UK	£1.50 /#		
YOGURT Yeo Strawberry 450g	UK	£1.50 /#		
Yoghurt RD Forbidden Fruits 4x120g		£1.99 /#		
Yoghurt RD Tropical Fruits 4x120g		£1.99 /#		
CREAM double 140ml	local	£0.85 /#		
CREAM double 280ml	local	£1.40 /#		
CREAM double 500ml	local	£1.90 /#		
CREAM double 1000ml	local	£3.55 /#		
CREAM single 140ml	local	£0.65 /#		
CREAM single 280ml	local	£1.05 /#		
CREAM single 500ml	local	£1.40 /#		
CREAM whipping 500ml	local	£1.60 /#		
<b>DAIRY ALTERNATIVES</b>				
Yoghurt Provamel Soya Plain 450g		£1.35 /#		
TOFU Plain Clear Spot - 450g	UK	£2.66 /#		

<b>11-Dec-11</b>		<b>PRICE</b>	<b>Quantity Required</b>	<b>COMMENTS eg subs</b>
MARGARINE Biona Veg & S'Flower 500	EU	£2.70 /#		
<b>EGGS</b>				
EGGS Medium /dz boxed	local	£3.30 /#		
EGGS Large /dz boxed	local	£3.60 /#		
<b>PRESERVES</b>				
Honey Littleover- W'flower Set 340g		£3.45 /#		
Honey L'over - W'flower Clear 340g		£3.45 /#		
<b>CONDIMENTS &amp; PICKLES</b>				
CHUTNEY Tomato & Onion 227g NEW	UK	£2.50 /#		
SAUCE Cranberry Kay's 227g NEW	UK	£2.40 /#		
<b>FRUIT SPREADS &amp; JAMS</b>				
PRESERVE Damson Kay's 227g	UK	£2.30 /#		
MARMALADE Orange Kay's 227g	UK	£2.30 /#		
PRESERVE Plum Kay's 227g NEW	UK	£2.30 /#		
PRESERVE Raspberry Kay's 227g	UK	£2.30 /#		
PRESERVE Strawberry Kay's 227g	UK	£2.30 /#		
JAM Raspberry 340g Botton	local	£2.40 /#		
JAM Summerfruit 340g Botton	local	£2.40 /#		
MARMALADE Orange 340g Botton	local	£2.40 /#		
<b>JUICE - FRUIT</b>				
Elderflower Squash - Rocks 740ml		£1.89 /#		
Blackcurrant Squash - Rocks 740ml		£1.89 /#		
Orange Squash - Rocks 740ml		£1.89 /#		
Blackcurrant Cordial -Belvoir 500ml		£3.30 /#		
JUICE Apple 1L Oakwood Farm inc VAT	UK	£2.94 /#		
JUICE Pear 1L Oakwood Farm inc VAT	UK	£2.94 /#		
<b>OILS &amp; FATS</b>				
Olive Oil Ex Virgin 500ml & pourer	SPA	£4.59 /#		
<b>STORE CUPBOARD ESSENTIALS</b>				
Pesto Red - Rosso 190g	EU	£2.40 /#		
Pesto Green - Alla Genovese 190g	EU	£2.50 /#		
TOMATO chopped tinned 400g	EU	£0.65 /#		
TOMATO peeled tinned 400g	EU	£0.65 /#		
Tomato puree tube 200g	EU	£1.35 /#		
Sweetcorn Tinned 326g		£0.85 /#		
TOMATO Passata 690g	EU	£1.35 /#		
Pasta Sauce - Veg Bolognese	EU	£1.95 /#		
Pasta Sauce-Olive GF La Bio Idea	EU	£1.75 /#		

<b>11-Dec-11</b>		<b>PRICE</b>	<b>Quantity Required</b>	<b>COMMENTS eg subs</b>
Pasta Sauce-Arrabiata GF La Bio Idea	EU	£1.75 /#		
Pasta Sauce-Artichoke GF La Bio Idea	EU	£1.85 /#		
Cannellini Beans tinned 400g	var	£0.80 /#		
Baked Beans tinned 400g	var	£0.90 /#		
Chickpeas tinned 400g	var	£0.80 /#		
Red Kidney Beans tinned 400g	var	£0.80 /#		
Butter Beans tinned 400g	var	£0.80 /#		
<b>BREAKFAST CEREALS</b>				
Hale & Hearty Choco Pops 275g		£2.50 /#		
Hale & Hearty Honey Pops 275g		£2.40 /#		
<b>CHOCOLATE</b>				
Chocolate G&B Cook's Dark 72% 150g	var	£2.20 /#		
Chocolate G&B Creamy Milk 100g	var	£2.10 /#		
Chocolate G&B Cook's Milk 150g	var	£2.20 /#		
Cocoa Green & Blacks 125g Fairtrade!		£1.85 /#		
Drinking Chocolate Clipper 250g Fairtrad		£2.55 /#		
<b>CHRISTMAS SPECIALITIES!</b>				
Village Bakery Mince Pies (6) 360g	UK	£3.30 /#		
Village Bakery Xmas Pud 200g	UK	£3.90 /#		
Village Bakery Xmas Pud 450g	UK	£6.85 /#		
Village Bakery Xmas Cake 900g	UK	£8.00 /#		
VB Gluten Free Xmas Cake 450g	UK	£6.55 /#		
Montezuma's Choc Buttons Dark 180g	UK	£2.75 /#		
Montezuma's Choc Buttons Milk 180g	UK	£2.75 /#		
Montezuma's Choc Buttons White 180g	UK	£2.75 /#		
Montezuma's Mini Choc Gift Box 300g	uk	£9.00 /#		
Devon Cottage Fudge - Ginger FT 300g	uk	£4.70 /#		
Devon Cottage Fudge - Vanilla FT 300g	uk	£4.70 /#		
Ground Ginger 25g NEW	uk	£1.00 /#		
Mixed Spice 25g NEW	uk	£1.00 /#		
Ground Nutmeg 25g NEW	uk	£1.00 /#		
Montezuma's Choc Snowmen Dark 100g	uk	£4.50 /#		
Montezuma's Choc Snowmen Milk 100g	uk	£4.50 /#		
Montezuma's Choc Snowmen White 100	uk	£4.50 /#		
<b>DAIRY ALTERNATIVES</b>				
<b>MILK</b>				
Provamel Soya Milk n/sug 1L	EU	£0.99 /#		
Provamel Rice Milk 1L	EU	£0.99 /#		
<b>DRIED GOODS</b>				

<b>11-Dec-11</b>		<b>PRICE</b>	<b>Quantity Required</b>	<b>COMMENTS eg subs</b>
Marigold Bouillon Powder 150g		£2.20 /#		
PASTA fusilli white 500g	EU	£0.99 /#		
PASTA Lasagne White 250g	EU	£1.65 /#		
PASTA penne white 500g	EU	£0.99 /#		
PASTA spaghetti white 500g	EU	£0.99 /#		
PASTA penne wholewheat 500g	EU	£0.99 /#		
PASTA fusilli wholewheat 500g	EU	£0.99 /#		
<b>ANIMAL FOOD</b>				
BIRD SEED 7kg inc V	local	£5.30 /#		
<b>BEANS &amp; PULSES - DRIED</b>				
Butter Beans 500g	var	£1.85 /#		
Chick Peas 500g	var	£1.58 /#		
Red Lentils 5kg	VAR	£16.00 /#		
Lentils Red 500g	var	£2.05 /#		
Haricot Beans 500g	var	£1.65 /#		
Red Kidney Beans 500g	var	£1.45 /#		
<b>BISCUITS AND SNACKS</b>				
Nairns Oatcakes 250g	EU	£1.20 /#		
Tortilla Wraps (6 pack) 20% off	EU	£1.04 /#		
Nairns Oatcakes Herb & Pumpkin 250g	EU	£1.40 /#		
Bombay Mix 125g	var	£0.75 /#		
DF Choc & Crispy Rice Bars (5 pack) off	UK	£1.80 /#		
DF Ap & Sultana Flapj Bars (5 pack) offe	UK	£1.70 /#		
DF Butter Flapjack Bars (5 pack) offer en	UK	£1.70 /#		
Yoghurt Coated Jumbo Raisins 75g	var	£1.00 /#		
<b>CEREAL - FLAKES, MEALS, BRANS</b>				
Oatmeal, medium 500g	var	£1.15 /#		
Oats Jumbo 1kg	var	£2.25 /#		
Oats Jumbo 500g	var	£1.30 /#		
Oats Porridge 1kg	var	£2.25 /#		
Oats Porridge 500g	var	£1.30 /#		
<b>FLOURS &amp; BAKING</b>				
Doves Malthouse Flour 1kg	UK	£1.45 /#		
Doves Strong Wholemeal Flour 1.5kg	UK	£1.85 /#		
Hale & Hearty Choc Brownie Mix 400g		£2.80 /#		
Doves Plain White 1kg	UK	£1.15 /#		
Doves Self-Raising White 1kg	UK	£1.25 /#		
Doves Strong White Flour 1.5kg	UK	£1.90 /#		
FLOUR Dark Rye 1.5kg YOM	local	£2.80 /#		

<b>11-Dec-11</b>		<b>PRICE</b>		<b>Quantity Required</b>	<b>COMMENTS eg subs</b>
FLOUR Light Rye 1.5kg YOM	local	£2.90	/#		
FLOUR W'meal strong 16kg YOM	local	£16.40	/#		
FLOUR W'meal strong 1.5kg YOM	local	£1.90	/#		
FLOUR Spelt White 1.5kg YOM	local	£3.95	/#		
FLOUR Superior White 16kg YOM	local	£17.10	/#		
FLOUR Superior White 1.5kg YOM	local	£2.00	/#		
Sugar Billingtons Caster 500g NEW!	UK	£2.35	/#		
Sugar Billingtons Granulated 500g NEW!	UK	£2.05	/#		
Hale & Hearty Falafel Mix 200g		£1.95	/#		
<b>FRUIT - DRIED</b>					
Apricots 250g	var	£2.35	/#		
Currants 250g	var	£2.00	/#		
Dates 250g	var	£1.90	/#		
Figs 250g	var	£2.15	/#		
Pitted Prunes 250g	var	£2.15	/#		
Cranberries - sweetened 125g		£2.00	/#		
Raisins 500g	var	£2.50	/#		
Apricot 'Ready to eat' (Reseal)250g exce	var	£1.95	/#		
Dates 'Ready to Eat' (Reseal) 250g excel	var	£2.05	/#		
Figs 'Ready to Eat' (Reseal) 250g excell	var	£2.05	/#		
Prunes 'Ready to Eat' (Reseal) 250g exc	var	£2.05	/#		
Sultanas 500g	var	£2.50	/#		
<b>GRAINS</b>					
Bulgar Wheat 500g	var	£1.45	/#		
Couscous 500g	var	£1.70	/#		
Millet Flake 500g	var	£3.10	/#		
Quinoa grain 500g	var	£3.10	/#		
Rice Basmati, brown 500g	var	£1.65	/#		
Rice Long Grain, brown 500g	var	£1.40	/#		
Rice Short Grain, brown 500g	var	£1.40	/#		
RICE basmati white 500g	var	£1.95	/#		
Rice Arborio 500g		£1.90	/#		
<b>NUTS &amp; SEEDS</b>					
Almonds, whole 250g	var	£3.50	/#		
Almonds, whole 125g	var	£1.80	/#		
Brazil Nuts, whole 250g	var	£3.64	/#		
Brazil Nuts, whole 125g	var	£2.00	/#		
Cashews whole 125g	var	£1.80	/#		

<b>11-Dec-11</b>		<b>PRICE</b>	<b>Quantity Required</b>	<b>COMMENTS eg subs</b>
Coconut dessicated 125g	var	£0.95 /#		
Golden Linseed 250g	var	£1.05 /#		
Omega Mix 500g	var	£2.30 /#		
Pumpkin Seeds 250g	var	£2.35 /#		
Sesame Seeds 250g	var	£1.60 /#		
Sunflower Seeds 500g	var	£1.75 /#		
Sunflower Seeds 250g	var	£0.95 /#		
Walnuts 250g	var	£4.45 /#		
Pine Nuts 125g	var	£4.25 /#		

ANY OTHER MESSAGE FOR US?

Country of Origin:	
ARG	Argentina
CHI	Chile
DOM	Dominican Republic
FRA	France
GUI	Guinea
HOL	Holland
HON	Honduras
ISR	Israel
ITA	Italy
NZ	New Zealand
SAF	South Africa
SPA	Spain
UGA	Uganda
var	various countries

**HOW TO PLACE YOUR ORDER:**

Orders can be left on our answering machine on 01423 358887, directly to the sales office on 0845 8697897, by email to sales@goosemoor.info, or via our website

Items are sold either by weight (kg) or count (#). For items priced by the kilo, you may specify either the weight or the number of pieces you require.

If full outers are required, eg a sack of potatoes, please note this in the COMMENTS column (the prices for full outers are approximately 10% cheaper).

We must receive your order at the latest by 8am 2 days before your delivery day