

'Pick of the Crop' Price List

YOUR NAME:	LINES:	PICKED:	KEYED:	PRINTED:	DAY:	RUN:
01-Aug-10		PRICE	Quantity Required	COMMENTS eg subs		Quantity Supplied
FRESH PRODUCE						
FRUIT						
APPLE Braeburn	CHI	£2.35 /kg				kg
APPLE Cripps Pink	SAF	£2.60 /kg				kg
APPLE Granny Smith	SAF	£2.20 /kg				kg
APPLE Red Delicious	NZ	£3.05 /kg				kg
APPLE Royal Gala	ARG	£2.30 /kg				kg
APRICOT	SPA	£4.20 /kg				kg
AVOCADO	SPA	£5.85 /kg				kg
BANANA Fairtrade	DOM	£2.25 /kg				kg
BANANA min 5 boxes Fairtrade	DOM	£2.35 /kg				kg
CHERRIES Red new supply	UK	£9.25 /kg				kg
CLEMENTINES	SAF	£2.85 /kg				kg
DATES	ALG	£11.60 /kg				kg
GRAPEFRUIT Ruby	COR	£3.20 /kg				kg
KIWI	ITA	£3.60 /kg				kg
LEMON	SPA	£3.60 /kg				kg
LIMES	DOM	£5.20 /kg				kg
MANGO	CAM	£3.65 /kg				kg
MELON Galia	MOR	£2.90 /kg				kg
NECTARINES	SPA	£4.65 /kg				kg
ORANGES	SPA	£3.20 /kg				kg
PEACH	SPA	£3.70 /kg				kg
PEAR Forella	RSA	£3.45 /kg				kg
PEAR Packham	ARG	£2.50 /kg				kg
PLUMS Red	SPA	£3.40 /kg				kg
PLUMS Yellow	RSA	£4.40 /kg				kg
HERBS						
BASIL 25g	ours	£1.15 /#				#
CORIANDER 25g	local	£1.25 /#				#

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MINT 25g variegated	ours	£1.15 /#			#
PARSLEY 25g	ours	£1.15 /#			#
HERB SELECTION 25g	ours	£1.15 /#			#
VEGETABLES					
AUBERGINE	SPA	£2.80 /kg			kg
BEANS Broad	local	£2.30 /kg			kg
BEETROOT in nets	local	£1.15 /kg			kg
BEANS French flat	UK	£5.70 /kg			kg
BROCCOLI/Calabrese	UK	£2.80 /kg			kg
CABBAGE pointed	local	£0.65 /#			#
CABBAGE Savoy	local	£0.65 /#			#
CARROT Bunched 500g	UK	£1.25 /#			#
CARROTS	UK	£1.40 /kg			kg
CAULIFLOWER	UK	£1.15 /#			#
CELERY	local	£1.70 /#			#
CHARD	local	£3.00 /kg			kg
COURGETTE	local	£3.00 /kg			kg
CUCUMBERS 10-14#	local	£0.80 /#			#
GARLIC dried	SPA	£7.00 /kg			kg
GINGER	UGA	£8.45 /kg			kg
KALE Red	local	£2.90 /kg			kg
KALE 400g prepack	local	£1.10 /#			#
PAK CHOI	local	£1.00 /#			#
SORREL 200g	local	£1.00 /#			#
LETTUCE Green Batavia	local	£1.25 /#			#
LETTUCE Red Batavia	local	£1.10 /#			#
LETTUCE Cos	local	£1.10 /#			#
LETTUCE Gems (doubles)	local	£1.25 /#			#
LETTUCE Green Oakleaf	local	£1.25 /#			#
LETTUCE Red Butterhead	local	£1.25 /#			#
MARROW	local	£0.85 /#			#
MUSHROOM brown button	UK	£6.75 /kg			kg
MUSHROOM brown closed	UK	£6.75 /kg			kg
MUSHROOM Portabella	UK	£7.30 /kg			kg
MUSHROOM white closed	UK	£6.50 /kg			kg
ONION Yellow	EGY	£2.15 /kg			kg
ONION bunched 400g	UK	£1.15 /#			#
ONION Red	EGY	£2.05 /kg			kg

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PEPPER Green	SPA	£3.45 /kg			kg
PEPPER Red	SPA	£4.25 /kg			kg
PEPPER Yellow	SPA	£4.25 /kg			kg
POTATO Accent new crop	local	£1.05 /kg			kg
POTATO Colleen	UK	£1.55 /kg			kg
POTATO Estima new crop	UK	£1.20 /kg			kg
POTATO Marfona new crop	local	£0.95 /kg			kg
POTATO Orla	UK	£0.45 /kg			kg
POTATO Premier new crop	UK	£1.20 /kg			kg
POTATO Swift new crop	UK	£1.05 /kg			kg
POTATO Valor new crop	UK	£1.75 /kg			kg
SPINACH	local	£2.75 /kg			kg
SPRING ONION red	local	£1.70 /#			#
SPINACH 300g	local	£1.20 /#			#
SQUASH Butternut	SPA	£4.00 /kg			kg
SQUASH Custard White	local	£1.05 /#			#
SQUASH Spaghetti	local	£2.05 /kg			kg
SPROUTS Alfalfa 115g	UK	£1.10 /#			#
SPROUTS Alf + Broccoli 115g	UK	£1.10 /#			#
SPROUTS Aduki bean 230g	UK	£1.10 /#			#
SPROUTS Alf + Radish 115g	UK	£1.10 /#			#
SPROUTS Chickpea 230g	UK	£1.10 /#			#
SPROUTS Mixed 230g	UK	£1.10 /#			#
SPROUTS Mung 230g	UK	£1.10 /#			#
SPROUTS 200g Rainbow Salad alf/sun/	UK	£1.80 /#			#
SPROUTS Sunflower 115g	UK	£1.10 /#			#
SWEDE	local	£1.45 /kg			kg
SWEET POTATO	USA	£5.90 /kg			kg
TOMATO Cherry Blairs	UK	£7.50 /kg			kg
TOMATO Baby Plum Blairs	UK	£7.50 /kg			kg
TOMATO Cherry on the Vine Blairs	UK	£7.50 /kg			kg
TOMATO green for chutney	UK	£0.90 /kg			kg
TOMATO	UK	£3.75 /kg			kg
TOMATO on the Vine	UK	£4.50 /kg			kg
WATERCRESS	UK	£1.80 /#			#
MIXED BOXES					
FRUIT BOXES					
Small Fruit Box	var	£3.00 /#			#

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Medium Fruit Box	var	£6.00 /#			#
Large Fruit Box	var	£9.00 /#			#
Extra-large Fruit Box	var	£12.00 /#			#
XX Large Fruit Box	var	£15.00 /#			#
Huge Fruit Box	var	£18.00 /#			#
VEGEBOXES					
Small VegeBox	EU	£3.00 /#			#
Medium VegeBox	EU	£5.00 /#			#
Large VegeBox	EU	£10.00 /#			#
Extra-Large VegeBox	EU	£15.00 /#			#
Huge VegeBox	EU	£20.00 /#			#
CHILLED					
BUTTER & MILK					
BUTTER Yeo 250g	local	£2.05 /#			#
BUTTER Acorn 250g	local	£1.85 /#			#
MILK whole 2L	local	£1.80 /#			#
MILK whole 1L	local	£1.00 /#			#
MILK whole 0.5L	local	£0.55 /#			#
MILK skimmed 1L	local	£1.00 /#			#
MILK skimmed 0.5L	local	£0.55 /#			#
MILK semi-skimmed 2L	local	£1.80 /#			#
MILK semi-skimmed 1L	local	£1.00 /#			#
MILK semi-skimmed 0.5L	local	£0.55 /#			#
CHEESE					
Caerphilly 245g DOWN!	UK	£2.15 /#			#
Cheshire 245g DOWN!	UK	£2.15 /#			#
Double Glouc: Onion & Chive 180g DO	UK	£1.65 /#			#
Double Gloucester 245g DOWN!	UK	£2.15 /#			#
Cheddar Mature 245g	UK	£2.60 /#			#
Cheddar Mature: Oak-Smoked 180g	UK	£1.90 /#			#
Cheddar Medium 245g	UK	£2.45 /#			#
Cheddar Mild 245g	UK	£2.35 /#			#
Red Leicester 245g DOWN!	UK	£2.15 /#			#
Stilton 150g portion	UK	£2.30 /#			#
Cheddar Vintage 245g	UK	£2.75 /#			#
Wensleydale 245g DOWN!	UK	£2.15 /#			#
CREAM, YOGURT & DESSERTS					
CREAM double 140ml	local	£0.85 /#			#
CREAM double 280ml	local	£1.40 /#			#
CREAM double 500ml	local	£1.90 /#			#

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CREAM double 1000ml	local	£3.55 /#			#
CREAM single 140ml	local	£0.65 /#			#
CREAM single 280ml	local	£1.05 /#			#
CREAM single 500ml	local	£1.40 /#			#
CREAM whipping 500ml	local	£1.60 /#			#
EGGS					
EGGS Medium /dz boxed	local	£2.80 /#			#
EGGS Large /dz boxed	local	£3.20 /#			#
BAKERY					
BREAD FRESH from Cat Lane Bakery					
Campagne sourdough 800g	local	£2.75 /#			#
Malted Grain Loaf 800g	local	£2.25 /#			#
Malted Grain Loaf 400g	local	£1.60 /#			#
Mixed Seed Loaf 800g linseed, poppy, s	local	£2.50 /#			#
Mixed Seed Loaf 400g linseed, poppy, s	local	£1.70 /#			#
Spelt Loaf 800g	local	£2.80 /#			#
Spelt Loaf 400g	local	£1.90 /#			#
Sourdough Rye 800g wheat-free	local	£2.75 /#			#
Sourdough Rye 400g wheat-free	local	£1.90 /#			#
White Loaf 800g	local	£2.25 /#			#
White Loaf 400g	local	£1.60 /#			#
Wholewheat Loaf 800g stoneground	local	£2.30 /#			#
Wholewheat Loaf 400g stoneground	local	£1.65 /#			#
PRESERVES					
CONDIMENTS & PICKLES					
Chutney - Carrot, Ginger & Alm 227g 20	local	£2.35 /#			#
Chutney - Fruity Beetroot 227g 20% off!	local	£2.35 /#			#
Chutney - Spiced Pear & Ginger 227g 20	local	£2.35 /#			#
Mustard - Honey 227g 10% off!	local	£2.65 /#			#
Mustard - Deli wholegrain 227g 20% off!	local	£2.35 /#			#
Red Onion Marmalade 227g 20% off!	local	£2.35 /#			#
Glenroyd Selection Box 12 x 227g	local	£35.00 /#			#
FRUIT SPREADS & JAMS					
Jelly - Quince 227g 10% off!	local	£2.65 /#			#
Gift Box - Breakfast Selection 4 x 113g	local	£8.75 /#			#
JELLY Blackcurrant 340g	local	£2.40 /#			#
JELLY Redcurrant 340g	local	£2.40 /#			#
JAM Blackcurrant 340g	local	£2.40 /#			#
JAM Plum 340g	local	£2.40 /#			#
JAM Raspberry 340g	local	£2.40 /#			#

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JAM Strawberry 340g	local	£2.40 /#			#
MARMALADE Orange 340g	local	£2.40 /#			#
JAM Strawberry & Rhubarb	local	£2.40 /#			#
JUICE - FRUIT					
JUICE Apple 1L Oakwood Farm inc VAT	UK	£2.85 /#			#
JUICE Pear 1L Oakwood Farm inc VAT	UK	£2.85 /#			#
OILS & FATS					
Olive Oil Extra Virgin 5L unfiltered	SPA	£39.50 /#			#
Olive Oil Ex Virgin 500ml & pourer unfiltered	SPA	£4.95 /#			#
PATES & SPREADS					
HUMMUS Catering 1kg	local	£8.20 /#			#
HUMMUS plain 200g	local	£1.80 /#			#
HUMMUS Sundried Toms 200g	local	£1.95 /#			#
DRIED GOODS					
BEANS & PULSES - DRIED					
Chick Peas 500g	var	£1.45 /#			#
Lentils Red 500g	var	£2.05 /#			#
CEREAL - FLAKES, MEALS, BRANS					
Muesli 1kg	var	£5.35 /#			#
Oatbran 500g	var	£1.85 /#			#
Oatmeal, medium 500g	var	£1.15 /#			#
Oats Jumbo 1kg	var	£2.05 /#			#
Oats Jumbo 500g	var	£1.15 /#			#
Oats Porridge 1kg	var	£2.05 /#			#
Oats Porridge 500g	var	£1.15 /#			#
Rye Flakes 500g	var	£1.05 /#			#
FLOURS & BAKING					
FLOUR Wholemeal strong 16kg	local	£16.40 /#			#
FLOUR Wholemeal strong 1.5kg	local	£1.90 /#			#
FLOUR Spelt White 1.5kg	local	£3.95 /#			#
FLOUR Spelt Wholemeal 1.5kg	local	£3.35 /#			#
FLOUR Superior White 16kg	local	£17.10 /#			#
FLOUR Superior White 1.5kg	local	£2.00 /#			#
FRUIT - DRIED					
Apricots 250g	var	£2.35 /#			#
Currants 500g	var	£4.20 /#			#
Currants 250g	var	£2.20 /#			#
Dates 250g	var	£1.90 /#			#
Figs 250g	var	£2.15 /#			#
Pitted Prunes 250g	var	£2.15 /#			#
Raisins 500g	var	£2.00 /#			#

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Raisins 250g	var	£1.15 /#			#
Sultanas 500g	var	£2.10 /#			#
Sultanas 250g	var	£1.20 /#			#
GRAINS					
Couscous 500g	var	£1.70 /#			#
Millet Flake 500g	var	£2.45 /#			#
Millet Grain/Seed 500g	var	£1.55 /#			#
Popcorn 500g	var	£2.00 /#			#
Quinoa grain 500g	var	£3.10 /#			#
Rice Basmati, brown 500g	var	£1.65 /#			#
Rice Long Grain, brown 1kg	var	£2.75 /#			#
Rice Long Grain, brown 500g	var	£1.40 /#			#
Rice Short Grain, brown 500g	var	£1.40 /#			#
Wheatgrain 500g	var	£0.75 /#			#
NUTS & SEEDS					
Almonds, whole 250g	var	£3.50 /#			#
Almonds, whole 125g	var	£1.80 /#			#
Brazil Nuts, whole 250g	var	£2.70 /#			#
Brazil Nuts, whole 125g	var	£1.50 /#			#
Cashews whole 125g	var	£1.80 /#			#
Coconut dessicated 125g	var	£0.60 /#			#
Hazelnuts whole 125g	var	£1.90 /#			#
Golden Linseed 500g	var	£2.00 /#			#
Golden Linseed 250g	var	£1.05 /#			#
Omega Mix 500g	var	£2.35 /#			#
Omega Mix 250g	var	£1.20 /#			#
Pumpkin Seeds 250g	var	£2.35 /#			#
Sesame Seeds 250g	var	£1.60 /#			#
Sunflower Seeds 500g	var	£1.75 /#			#
Sunflower Seeds 250g	var	£0.95 /#			#
Walnuts 250g	var	£3.50 /#			#
SNACKS - SAVOURY					
Bombay Mix 125g	var	£0.75 /#			#

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ANY OTHER MESSAGE FOR US?

<p>Country of Origin:</p> <p>ARG Argentina CHI Chile DOM Dominican Republic FRA France GUI Guinea HOL Holland HON Honduras ISR Israel ITA Italy NZ New Zealand SAF South Africa SPA Spain UGA Uganda var various countries</p>

HOW TO COMPLETE THE ORDER FORM:

Please enter **YOUR NAME** at the top of Page 1, and then the **QUANTITY REQUIRED** for each item. Items are sold either by weight (kg) or count (#). For items priced by the kilo, you may specify either the weight or the number of pieces you require.

Please leave the column headed **QUANTITY SUPPLIED** blank for us to complete.

If full outers are required, eg a sack of potatoes, please note this in the **COMMENTS** column (the prices for full outers are approximately 10% cheaper).

We must receive your order at the latest by 8am Tuesday (but the earlier you order, the less the chance of items being sold out). Milk must be ordered by 2pm Friday